

Performance Outcomes Adult Specialty Mental Health Services Report

Report Date March 22, 2018

Background

This report measures the effectiveness of adult specialty mental health services. It models reports developed to measure Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services as mandated by Welfare and Institutions Code Section 14707.5. The intent of these reports is to improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop a Performance Measurement Paradigm, and to design indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.asp>

Overview

Three reports will be provided: statewide aggregate data; population-based county groups; and county-specific data. These aggregate reports provide adult information on the initial indicators that were developed for the Performance Outcomes System. DHCS plans to move to annual reporting of these data for the Performance Outcomes System. The first series of charts and tables focus on the demographics of adults 21* and older who are receiving SMHS based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Utilization of services reports are shown in terms of dollars, as well as by service in time increments. Two types of penetration information are provided; both penetration rate tables are also broken out by demographic characteristics. The snapshot table provides a point-in-time view of adults arriving, exiting, and continuing services over a two-year period. The time-to-step-down table provides a view over the past four years of the time to stepdown services following inpatient discharge. Where possible, the reports provide trend information by displaying information for Fiscal Years (FY) 13/14, 14/15, 15/16, and 16/17.

Definitions

Population - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim.

Data Sources - Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 13/14 through FY 16/17.

- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 13/14 through FY16/17.

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Additional Information

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: http://www.dhcs.ca.gov/services/MH/Documents/MedCCC/Library/POSMeasuresCatalog_Sept15Reporting_Fin_al_1.11.15.pdf

Note on Privacy: The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium; whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A "Public Aggregate Reporting – DHCS Business Reports" process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, these data are represented as follows: 1) Data that are missing is indicated as "-" 2) Data that have been suppressed due to privacy concerns is indicated as "^".

Report Highlights

*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

*The **penetration** rates reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology makes comparison between the POS penetration rates and the EQRO penetration rates not appropriate nor useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of adults who received a number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible adults for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

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*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here:

<http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

*The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the county of fiscal responsibility for the patient and whom has been attributed the time to next service in days used in the calculations for this indicator.

Please contact cmhpos@dhcs.ca.gov for any questions regarding this report.

Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Large Sized Counties as of March 22, 2018

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 13-14	148,021		2,867,096	
FY 14-15	169,480	14.5%	3,625,392	26.4%
FY 15-16	169,527	0.0%	4,006,913	10.5%
FY 16-17	165,475	-2.4%	4,150,019	3.6%
Compound Annual Growth Rate SFY**		3.8%		13.1%

**SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.*

***SFY = State Fiscal Year which is July 1 through June 30.*

Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Large Sized Counties as of March 22, 2018

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 13-14	960	0.6%	13,485	9.1%	21,494	14.5%	28,484	19.2%	54,564	36.9%	9,544	6.4%	19,490	13.2%
FY 14-15	1,138	0.7%	14,620	8.6%	23,648	14.0%	34,133	20.1%	62,072	36.6%	12,107	7.1%	21,762	12.8%
FY 15-16	1,226	0.7%	13,807	8.1%	23,192	13.7%	35,893	21.2%	61,376	36.2%	12,788	7.5%	21,245	12.5%
FY 16-17	1,187	0.7%	12,933	7.8%	22,440	13.6%	36,624	22.1%	58,670	35.5%	13,289	8.0%	20,332	12.3%

**This report uses the Medi-Cal Eligibility Data System for racial data, while CDSS uses the Child Welfare Services/Case Management System.*

Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Large Sized Counties as of March 22, 2018

Fiscal Year	Adults 21-44 Count	Adults 21-44 %	Adults 45-64 Count	Adults 45-64 %	Adults 65+ Count	Adults 65+ %
FY 13-14	69,910	47.2%	68,844	46.5%	9,267	6.3%
FY 14-15	84,108	49.6%	75,557	44.6%	9,815	5.8%
FY 15-16	86,192	50.8%	73,247	43.2%	10,088	6.0%
FY 16-17	85,678	51.8%	69,247	41.8%	10,550	6.4%

Demographics Report: Unique Count of Adults Receiving SMHS by Fiscal Year
Large Sized Counties as of March 22, 2018

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 13-14	82,635	55.8%	65,386	44.2%
FY 14-15	90,735	53.5%	78,745	46.5%
FY 15-16	88,705	52.3%	80,822	47.7%
FY 16-17	85,558	51.7%	79,917	48.3%

Penetration Rates* Report: Adults With At Least One SMHS Visit**
Large Sized Counties as of March 22, 2018

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 1 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
All	148,021	2,867,096	5.2%	169,480	3,625,392	4.7%	169,527	4,006,913	4.2%	165,475	4,150,019	4.0%
Adults 21-44	69,910	1,373,265	5.1%	84,108	1,854,952	4.5%	86,192	2,099,761	4.1%	85,678	2,189,016	3.9%
Adults 45-64	68,844	956,458	7.2%	75,557	1,192,846	6.3%	73,247	1,289,245	5.7%	69,247	1,310,918	5.3%
Adults 65+	9,267	537,373	1.7%	9,815	577,594	1.7%	10,088	617,907	1.6%	10,550	650,085	1.6%
Alaskan Native or American Indian	960	12,993	7.4%	1,138	16,240	7.0%	1,226	17,581	7.0%	1,187	17,916	6.6%
Asian or Pacific Islander	13,485	501,630	2.7%	14,620	613,635	2.4%	13,807	670,636	2.1%	12,933	678,756	1.9%
Black	21,494	282,721	7.6%	23,648	334,026	7.1%	23,192	356,833	6.5%	22,440	363,225	6.2%
Hispanic	28,484	874,882	3.3%	34,133	1,138,698	3.0%	35,893	1,290,531	2.8%	36,624	1,375,226	2.7%
White	54,564	732,145	7.5%	62,072	918,488	6.8%	61,376	989,096	6.2%	58,670	997,180	5.9%
Other	9,544	225,940	4.2%	12,107	308,807	3.9%	12,788	359,210	3.6%	13,289	391,193	3.4%
Unknown	19,490	236,785	8.2%	21,762	295,498	7.4%	21,245	323,026	6.6%	20,332	326,523	6.2%
Female	82,635	1,658,375	5.0%	90,735	2,029,191	4.5%	88,705	2,222,877	4.0%	85,558	2,299,425	3.7%
Male	65,386	1,208,721	5.4%	78,745	1,596,201	4.9%	80,822	1,784,036	4.5%	79,917	1,850,594	4.3%

**Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.*

***Adults and Older Adults at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.*

Penetration Rates* Report: Adults with Five or More SMHS Visits**
Large Sized Counties as of March 22, 2018

	FY 13-14			FY 14-15			FY 15-16			FY 16-17		
	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate	Adults and Older Adults with 5 or more SMHS Visits	Certified Eligible Adults and Older Adults	Penetration Rate
All	93,190	2,867,096	3.3%	104,260	3,625,392	2.9%	103,987	4,006,913	2.6%	101,467	4,150,019	2.4%
Adults 21-44	41,550	1,373,265	3.0%	48,619	1,854,952	2.6%	49,497	2,099,761	2.4%	49,266	2,189,016	2.3%
Adults 45-64	45,473	956,458	4.8%	49,206	1,192,846	4.1%	47,849	1,289,245	3.7%	45,204	1,310,918	3.4%
Adults 65+	6,167	537,373	1.1%	6,435	577,594	1.1%	6,641	617,907	1.1%	6,997	650,085	1.1%
Alaskan Native or American Indian	597	12,993	4.6%	696	16,240	4.3%	716	17,581	4.1%	701	17,916	3.9%
Asian or Pacific Islander	9,380	501,630	1.9%	9,443	613,635	1.5%	8,842	670,636	1.3%	8,472	678,756	1.2%
Black	13,020	282,721	4.6%	13,882	334,026	4.2%	13,706	356,833	3.8%	13,255	363,225	3.6%
Hispanic	17,007	874,882	1.9%	19,996	1,138,698	1.8%	20,924	1,290,531	1.6%	21,461	1,375,226	1.6%
White	34,424	732,145	4.7%	38,596	918,488	4.2%	38,045	989,096	3.8%	36,320	997,180	3.6%
Other	5,786	225,940	2.6%	7,168	308,807	2.3%	7,518	359,210	2.1%	7,779	391,193	2.0%
Unknown	12,976	236,785	5.5%	14,479	295,498	4.9%	14,236	323,026	4.4%	13,479	326,523	4.1%
Female	51,759	1,658,375	3.1%	55,932	2,029,191	2.8%	54,782	2,222,877	2.5%	52,792	2,299,425	2.3%
Male	41,431	1,208,721	3.4%	48,328	1,596,201	3.0%	49,205	1,784,036	2.8%	48,675	1,850,594	2.6%

*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system.

**Adults and Older Adults that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.

Utilization Report*: Approved Specialty Mental Health Services for Adults
Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year*
Large Sized Counties as of March 22, 2018

Fiscal Year	SDMC Total Approved	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 13-14	\$ 4,508	416	712	248	169	25	308	247	7	13	10	16	90	11
FY 14-15	\$ 5,206	414	725	267	171	27	246	237	7	14	11	17	92	11
FY 15-16	\$ 5,271	412	731	264	166	29	0	222	6	16	11	17	83	12
FY 16-17	\$ 6,204	416	781	275	174	27	113	210	6	16	12	17	93	12
MEAN	\$ 5,297	415	737	264	170	27	222	229	7	15	11	17	90	12

*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.
Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.
^ Data has been suppressed to protect patient privacy.

Snapshot Report: Unique Count of Adults Receiving SMHS

Arriving, Exiting, and with Service Continuance by Fiscal Year

Large Sized Counties as of March 22, 2018

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Adults that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Adults receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (≥ 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Adults that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which Adults met both the criteria for Arrivals and Exiting above for the fiscal year.
Service Continuance &	A distinct category in which Adults had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (≥ 2 YR) Count	Service Continuance (≥ 2 YR) %	Service Continuance (< 2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance (≥ 2 YR) & Exiting Count	Service Continuance (≥ 2 YR) and Exiting %	Total Count	Total %
FY 13-14	36,908	24.9%	21,618	14.6%	15,763	10.6%	17,779	12.0%	52,535	35.5%	3,418	2.3%	148,021	100%
FY 14-15	29,696	17.5%	20,973	12.4%	22,453	13.2%	27,146	16.0%	65,369	38.6%	3,843	2.3%	169,480	100%
FY 15-16	29,458	17.4%	23,234	13.7%	19,604	11.6%	26,444	15.6%	66,891	39.5%	3,896	2.3%	169,527	100%
FY 16-17	24,953	15.1%	22,358	13.5%	17,004	10.3%	27,061	16.4%	68,159	41.2%	5,940	3.6%	165,475	100%

Time to Step Down Report: Adults Stepping Down in SMHS Services Post Inpatient Discharge*
Large Sized Counties as of March 22, 2018

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down Between 8 and 30 Days	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 13-14	7,338	58.4%	1,610	12.8%	2,437	19.4%	1,180	9.4%	0	364	27.4	2
FY 14-15	10,754	55.5%	2,506	12.9%	3,532	18.2%	2,569	13.3%	0	365	32.2	3
FY 15-16	12,240	61.7%	2,197	11.1%	3,150	15.9%	2,263	11.4%	0	365	25.3	0
FY 16-17	13,476	63.6%	2,202	10.4%	2,443	11.5%	3,056	14.4%	0	365	20.0	0

**No Step Down is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date.*